

LET'S TALK ABOUT...

GENDER

WHAT IS GENDER?

Is a socially constructed term to describe the identity of a person which is made up of behaviour, expression, identity, and how one interacts with the world.

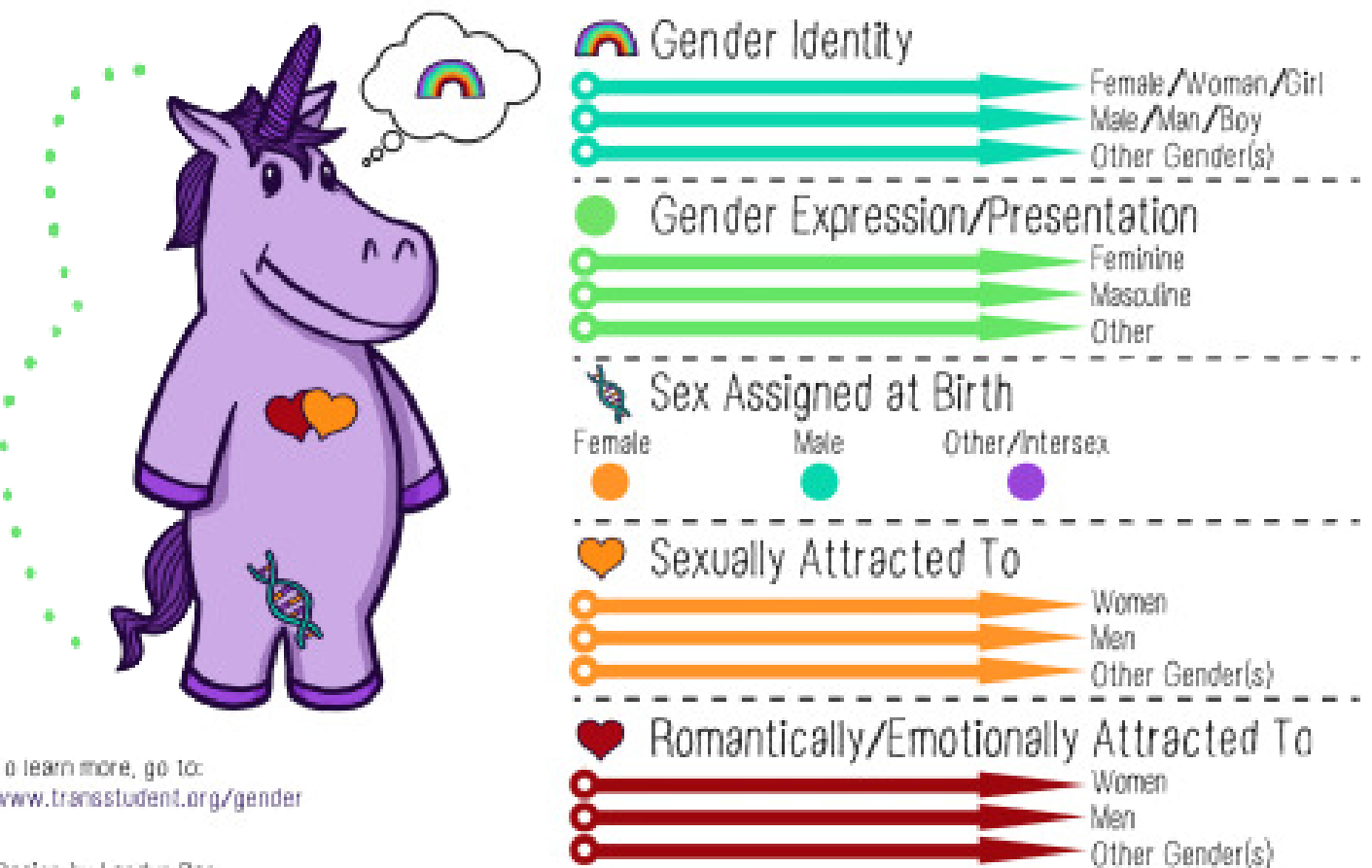
WHAT IS A GENDER BINARY?

Gender binary is a system which pairs biological sex with gender, either male or female. Gender binary doesn't acknowledge the full gender spectrum and is defined by male/female identities.

GENDER 101

The Gender Unicorn

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TSER
Trans Student Educational Resources



GENDER IDENTITY

Gender identity refers to how a person sees themselves in terms of gender. Their gender identity may or may not align with the birth-assigned sex. A person's gender identity may or may not align with socially constructed norms of how they should or should not express their gender.

GENDER EXPRESSION

Gender Expression is how one expresses their identified gender, typically through how one dresses, appears and/or acts.

GENDER AND SEXUAL ORIENTATION

Gender identity and expression ARE NOT connected with sexual orientation. There are stereotypes of how some sexual orientations express their gender, but these stereotypes are not just false, but harmful for people.

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GENDER IDENTITIES

Gender identity is a spectrum. There are so many different wonderful identities out in the world, the following are just a few of many.

AGENDER

Agender describes someone who sees themselves as existing without gender, sometimes also described as gender neutral or genderless.

BIGENDER

Bigender describes someone who fluctuates between traditional woman and man gender based identities.

CISGENDER

Cisgender describes someone who identifies with the gender they were assigned at birth.

DEMIGENDER

Demigender describes someone who only has a partial connection to a certain gender. Terms demiboy, demigirl are also frequently used under this gender identity.

GENDER FLUID

Gender Fluid describes someone who has a dynamic mix of boy and girl. A person who is gender fluid may always feel like a mix of the two traditional genders, but may feel more man some days, and more woman other days.

GENDER QUEER

Gender Queer describes someone whose gender identity is not fitting within the binary of man/woman. *This term is also used as an umbrella term for many non-conforming or non-binary identities.*

NON-BINARY

Non-binary describes someone whose doesn't identify as simply female or male.

POLYGENDER

Polygender describes someone who identifies with several different genders either at the same time or at different times.

TRANSGENDER

Transgender is typically an umbrella term that describes someone whose gender identity is different that their gender assigned at birth.